

MARIAMPUR SR. SEC. SCHOOL



**Excellentia
2019**



On the wings of Excellence reaching to the Zenith with ethics, preparing young minds physically and emotionally balanced to be ready to face the challenges of the world catering to the aim of serving humanity.





From the Editor's Desk...

Dear Readers,
Greetings to you !!

As we sailed smoothly through the session 2018-19, in this edition we have highlighted the initiatives taken by the students in every stage of their learning. It is a peep into a child's thought process and her axiomatic creative thinking. The

students in our school are exposed to different activities who take a quantum leap in better appreciating, understanding.

In the process our students have realized that learning can be easy, enriching and fun. This newsletter 'Excellentia' is a platform to vent out student's passion for writing and encourage original thinking in them.

We really feel proud and exuberant to acclaim that we are ready with all new hope and hues to bring enthusiasm which is going to unfold the unraveled world of the precious movements of the school.

The newsletter espouses the spirit which is built within a child through collective actions thoughts and actions, which I believe would spur higher growth of enterprise in children.

Ms. Caroline (Editor)



Co-ordinator Speaks ...

"You wish success in life, make perseverance your bosom friend, experience your wise counselor, caution your elder brother and hope your guardian genius"

The growth of our society and the progress of the world are reliant on our commitment to nurturing in our children and among ourselves, the need for mutual respect for many different kinds of minds. It is these diverse minds and their vivid ideas which keep us ahead of the dynamics of this ever changing world. Thus, as we stride ahead enthused by the blessings of the Almighty, we endeavour to hoist the banner of victory at every peak that we encounter with the help of our young enthusiasts.

Leaving behind a legacy of triumphs, we also cherish numerous novel experiences which enrich our lives. It is these very experiences which inculcate in us a yearning to broaden our horizons and achieve even greater heights in future.

Success is a seven lettered word which is as pure as the seven colours of rainbow.

Mark Twain has clearly prescribed: **"All you need in this life is hard work and confidence and sometimes fortune as a catalyst, then success is sure"**

Ms. Sangeeta Mehrotra



It is true that there are no extra human beings on this earth to do something with your life. You should have the ability to set goals, make plans to accomplish and master skills to achieve success. If you do the right things in the right way, you will get whatever results you desire.

Mariampur Sr. sec. School strives to keep the students sensitivity alive, trains them to develop responsibility, facilitates their talents so that they may grow into women not only of competence but also of conscience and compassion We must

introspect into our own activities to rise in self esteem and to get motivation to perform better. As a teacher I keep reminding myself that in every weak person, there is a strong one, in every evil person is a good one and in every defeated person is a victorious one.

The need of the time is to step forward individually and collectively to serve the cause of education for the betterment of society, so that they live in a world where knowledge is free and the head is held high, where the world has not been broken up into fragments by domestic walls, and the clear stream of reasoning has not lost it's way. Let our girls grow as global citizens, a generation of eminent thinkers and wise planners contributing to a better world order.

Stay committed to your decisions,
But stay flexible in your approach.

Ms. Shagufta Hafeez.



"Focus on the journey and not the destination. Joy is found not in finishing an activity, but in doing it."

The trials of yesterday are behind you. A new school day dawns and with it comes new possibilities. Learning is the process of constantly updating in an ever changing world and education in Mariampur School provides a lifetime of learning with great fun. We believe in "touching minds, shaping future". The values that we put in our students make them productive adults who then make their own contribution to mankind.

In the words of Albert Einstein—

"Imagination is more important than knowledge, for knowledge defines all that we currently know and understand, imagination points to all we might yet discover and create"

Ms. Roshni Bhatia

Technical support by Mr. Atul Mishra.



Principal's Message

There is a parable which speaks of a man who built his house on rock and a man who built his house on sand. A wise man built his house on the rock; the rain fell, and the floods came and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock. A foolish man built his house on sand, the rain fell and the floods came

and the wind blew and beat against that house and it fell, and great was the fall of it (from Holy Bible, Mt.7:24-27).

This applies also to our life. If you cultivate positive and rock- solid convictions, belief and put in persistent hard work you can build a stable life- be it in your academics, discipline, and social life or personal grooming.

Some of the recipes to build a strong foundation for your life could be right thoughts, rights words, specific goal setting, responsibility for your actions and attitudes right choice of friends, a never give-up spirit etc. These fortified with love, compassion sharing and forgiveness will make your life dynamic, productive and successful. Every step and every risk you take, and every drop of sweat you shed to acquire the above recipes with creativity and vigor will help you build your house on rock.

It is worthwhile to ponder on what your life is built on. You are the architect of your life; you are the one to choose the foundation stone to build your life on and to decide its contents. It is important to make sure that you have a solid foundation on rock to protect yourself from mental, physical and intellectual disasters.

The introduction of "Ten commandments for students" the 'Ambassadors of Peace' added a new dimension to our identity as the member of the Mariampur Family. It highlighted our uniqueness in understanding human values, thus to have a solid foundation on rock.

Dear all, building a better **YOU**, is how you can make yourself a very pleasing gift to God and everyone who comes in contact with you.

God bless you.

Sr. Dr. Sonia Varghese

Principal



Ambassadors of Peace



In this changing world of technology disintegration of society and family has posed a threat to the ethical and moral values because of which no peace prevails amongst the individuals. This has led to disrespect of each other.

Peace is essential for sustainable development when peace culture is adopted at a young age, it bears many good fruits. It is very necessary for the young generation to plan their future by becoming peace makers. The school is a replica of the world. So the goal of a value based education is to nourish the learners with morals and virtues based on their actions which will reflect their behavior, with this motto the idea of 'Ambassadors of Peace' was born. The credit for revolutionary change was put forward by our Principal Rev. Sr. Dr. Sonia Varghese, who formulated 'The Ten Commandments' which is a platform to inspire and motivate the students to 'Be a Change' in order to 'Bring A change'.

The students from classes VI-XII were appointed as 'Ambassadors of Peace' in a special assembly conducted on 7th July Badges were conferred upon by Ms. Saumya Agarwal, IAS, V.C.K.D.A. and M.D KESCO.

This initiative has reaped many benefits such as better attendance, better grades, increased motivation and self esteem. In this way our school has taken a step towards reformation. Regular interactive sessions of the

ambassadors with the principal provided a perspective on the progress made after implementing the action plan.



Ten Commandments for Students

1. Trust God our creator, He is our beginning and our end.
2. Love and appreciate yourself, because you are a beautiful creation of God, unique and precious.
3. Grow through Life and not just go through it. God has a purpose and plan for you that is unique and singular.
4. Honor your parents and respect your teachers and elders, They lead you through their experience to your final destination.
5. Be regular and punctual to school, it is here you learn to live the purpose of your life.
6. Put your heart and soul to achieve the best, You are in a sacred temple of learning, You pass this way, once.
7. Be courteous in all places and at all times. It speaks about your upbringing and makes you a child of God.
8. Value dignity of honest labour, it speaks about your honesty and integrity.
9. Respect the property of the school and of others, you will gain respect and confidence of others.
10. Love your school, and always stand for it. It is here you get the right direction to your life.

Mother Mary's Feast The feast of Mother Mary was celebrated on 8 December' 18. A special assembly was conducted to mark the occasion. It was inclusive of a prayer song, which was followed by an energetic dance by the primary students. The choir presented a melodious song, devoted to Mother Mary.

Provincial Superior Rev. Sr. Rupa's presence added a glint to the occasion. In her speech she



congratulated the students and motivated them through her words of wisdom.

Mother Brigida Feast

Following the footsteps of Blessed Mother Brigida our foundress, the school considers education as the integral formation of the young, instructing them in moral values, ensuring quality education which combines spiritual and human formation to





enable them to face the challenging world. The Week 28th Aug. to 31st Aug. 2018. was celebrated as "Mother Brigida Week". Different houses conducted the morning assembly each day depicting the different values laid down by Blessed Mother Brigida – Concern for Social justice, human values and solidarity among people.

FESTIVALS

INDEPENDENCE DAY

The 72nd Independence Day was celebrated with enthusiasm and patriotic fervour. The cultural programme commenced with the hoisting of the tricolor by the parents of school toppers.

The spirit of nationalism was well exhibited by the students through a spectrum of patriotic speeches poems, songs and dance. The programme concluded with the inspiring words of our Principal Rev. Sr. Dr. Sonia Varghese.



GANDHI JAYANTI

A special assembly was conducted to commemorate the birth anniversary of the father of our Nation. The highlight of the assembly were anecdotes from Gandhiji's life, a skit and also the role Gandhiji played to help us achieve our prized freedom. The choir sang Gandhiji's favourite song 'Raghupati Raghav Raja Ram'.



REPUBLIC DAY

Every year we, reaffirm our loyalty to our country, acknowledging the sacrifices by our unsung heroes and rededicate ourselves to build a stronger and better India. Our Manager Rev. Sr. Clare unfurled the tricolor, which was followed by march past by the four houses. A tribute was paid to the framers of the Indian Constitution. Recital of Vande Mataram brought an end to an energetic and rousing performance to commemorate the Republic Day.

26 January



Raksha Bandhan

Each festival offers opportunity to bring together and bind people. Raksha Bandhan is also one such bond of love. The students of class XI Science presented a special assembly which highlighted the bond of love between brothers and sisters. There was a choral recitation on raksha bandhan, a skit with the promise to always watch over and protect each other. The assembly concluded with a traditional rakhi dance in the traditional attire. As they moved to the music, they portrayed the ceremonial tying of thread on each other's wrists.





Janmashtami The birth of Lord Krishna was celebrated through a special assembly where a skit with diverse leelas of Shri Krishna were enacted by the students of class XI-B and primary illustrating the fact that whenever there will be dominance of malevolence 'He' will reincarnate to destroy the evil and save the good. It was nonetheless brought to life by the scintillating dance that represented leelas. The tiny tots dressed as 'Radhas' and 'krishnas' lighted up the stage with their laudable performance.

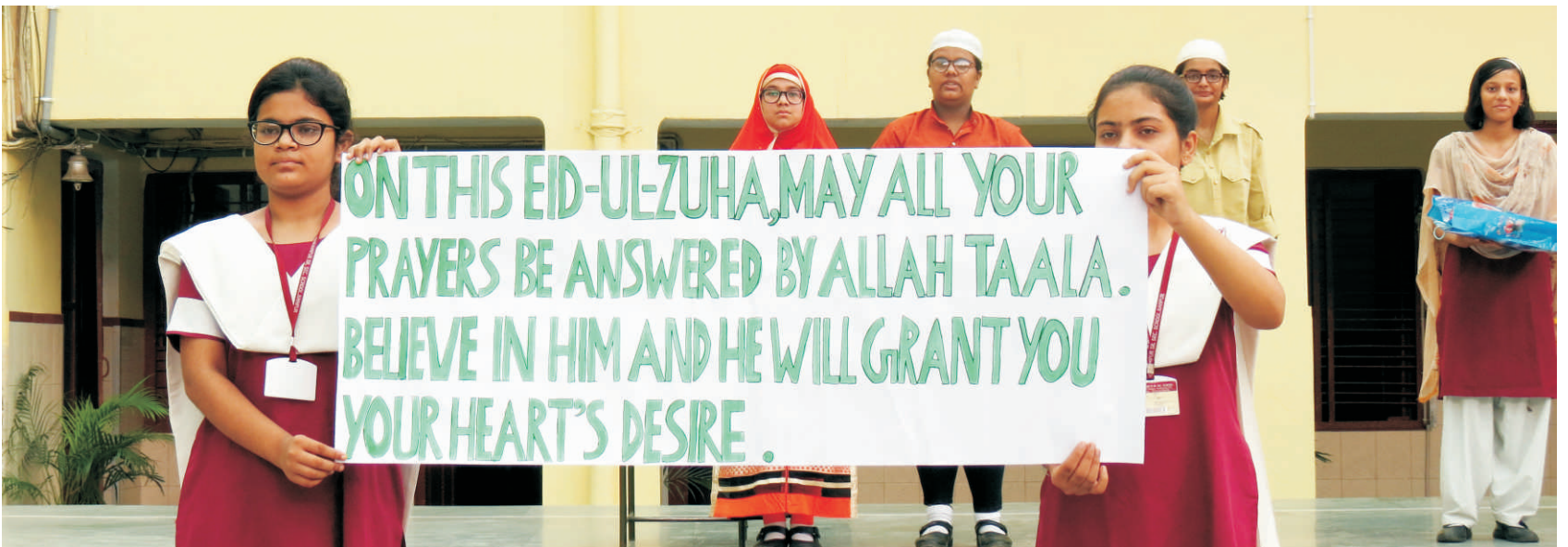
Dussehra Dussehra or Vijaydashmi is the culmination of nine days of navratri celebrations. The students presented a special assembly on this occasion. It aimed to reinforce the timeless values of brotherhood, tolerance as taught by the tale of Dussehra amongst our children.



Deepawali The much awaited and loved festival of lights was celebrated with traditional fervour in the morning assembly. The audience was apprised about the festival which marks the triumph of light over darkness and the beginning of hindu new year. The



students were requested to have eco-friendly Diwali and refrain themselves from burning crackers. A song representing the spread of light and cheer followed, filling the mystical atmosphere with rhythm and symphony.



Eid – ul – Azha: The feast of Sacrifice

This occasion is an important religious festival for the Muslims. The idea of prayer, harmony, brotherhood and community bonding was sensitively portrayed by the students of class XI-A through a skit, verses from the holy Quran were recited. It was followed by a beautiful prayer song.

Christmas *"Christmas waves a magic wand over the world and behold everything is softer and more beautiful"*

The much awaited festival of Christmas was celebrated with fervour and zeal. A thought provoking skit was presented by the students which emphasized that Christmas is more than just Santa, cards or toys under the Christmas tree. The true meaning of Yuletide spirit which lies in the joy of giving and helping those who are less fortunate was brought forth through



the skit. The school echoed with the carols sung by the choir. The arrival of santa on the tune of Jingle Bells filled the children with ecstasy. The children carried home the message of sharing and caring as well as the pleasure and pride of spreading peace true to the spirit of celebration.

Teachers' Day Celebration

Teaching is a very noble profession that



shapes the character, caliber and future of an individual. Teacher can inspire hope, ignite the imagination and instil love for learning. 5th Sept. is dedicated to teachers, it is Dr. Radhakrishnan's birthday devoted to appreciate and recognize the role of teacher in over all development of a child. Mariampur took this opportunity to encourage and admire its teachers. A wonderful programme was staged in their honour and the school principal acknowledged the working of teachers.



Children's Day 'Children go where there is excitement, they stay where there is love. Never miss an opportunity to show your love and concern for them'. Children's Day is celebrated to commemorate the birth of our first Prime Minister Pt. Jawahar Lal Nehru. Inspirational speeches were delivered by the manager Rev. Sr. Clare and the Principal Rev. Sr. Dr. Sonia Varghese. A colourful versatile programme was put up by the teachers to show their love and dedication for their pupils.



Investiture ceremony

'Coming together is the beginning, Keeping together is progress. Working together is success' – Henry Ford



engaging ceremony was graced by Manager Rev. Sr. Clare and Principal Rev. Sr. Dr. Sonia who conferred the badges and sashes to the newly elected cabinet. The School Pupil Leader – Priyanshi Tripathi of XII Com, along with the team of office bearers took oath to hold the school motto of loyalty, truth and honour in high esteem. The Principal congratulated the newly appointed School Cabinet members for their preparedness to take up the responsibilities entrusted to them.

Beginning of the year, Investiture ceremony is the most important event of any school. It is here that we entrust faith and hope in our newly appointed school council. The coruscating and

Farewell

to Vice Principal
Rev. Sr. Ranjana

"What we call the beginning is often the end and to make an end is to make a beginning. The end is where we start from" T.S. Eliot

A meaningful heart touching farewell was given to Sr. Ranjana who reached to each and every heart within a short span of time and was loved greatly by the students & teachers. A beautiful programme was put up in her honour by the students. Rev. Sr. principal thanked Sr. Ranjana for her support and dedicated services for the school. She also wished her luck for her future endeavour.

One of our very hard working office staff member Miss Sushila also said good bye to the school to take up some other responsibilities of life.



Farewell Class XII Batch 2018-19



A farewell party was organized to accord warm sendoff to outgoing students of class XII. The day was a fiesta devoted to the years

spent together with friends and teachers and to reminisce joyous moments. The students of class XII attended a prayer service conducted by the teachers.

A colourful entertaining programme was put up by class XI students. The principal wished the outgoing students good luck for their future endeavours



Seminars, Orientation & Workshops

Teachers

On 26th April, 2018 a seminar was conducted by CBSE in Guru Nanak Modern School on the topic 'Life Skills'. The concept of 'collaborative learning' was emphasized. The programme paid emphasis on the need for effective teacher student communication in order to maintain a positive relation and seek a record of problematic situations faced by either of them.

In the month of April, a seminar by Ratna Sagar Publishing House was organized on the teaching of English. In the changing scenario the needs of today's learners are different so the teaching techniques have to be changed accordingly.

On 12th May, 2018 a seminar for CBSE Schools was conducted. It was named 'Global Dreams' in which simple ways to make teaching effective were discussed.

On 15th May, 2018 Durga Prasad Vidya Niketan organized 'Science Meet'. The topic of the workshop was 'The Science of Today is the Technology of Tomorrow'. The teachers got an opportunity to update themselves.

A workshop on capacity building Master Trainer on English language and Literature, conducted at Scholar Mission School by CBSE. It focused on integrating learning and teaching processes.

On 28th & 29th October, a 'Capacity Building Workshop' by the CBSE for subject Mathematics was conducted, which was attended by the teachers of Maths Department at Gurunanak Model School.

On 3rd Nov. 2018, a workshop on Mathematics was conducted for teaching the various ways to make Mathematics an interesting subject. Teachers from various schools participated in the workshop. The session proved to be an awakening of ideas, it was found enriching and productive. It was conducted by 'Pearson Publication' at Mariampur Sr. Sec. School.

For the purpose to maximize educational leadership competencies a seminar was organized at D.P.S. Kalyanpur. It was attended by Mr. A. N. Pandey on 16th Nov. 2018.

I.I.T. Kanpur conducted 'Youth Science Workshop' which was aimed to inculcate and promote scientific attitude by members of Science Department on 22nd Nov. 2018.

On 29th and 30th Nov. 2018, a workshop based on 'Capacity Building' related to Business Studies held at Guru Nanak Modern School, Kalyanpur was attended by the members of Commerce Department.

Students

On 16th May a workshop was organized on Robotics for the children as it is the demand of time. The students need to learn technology to update themselves. The session was innovative and enriching.

On 11th July, 2018 Principal Rev. Sr. Dr. Sonia Varghese oriented the selected students (Who were selected as Ambassador of Peace). She motivated the students to bring a difference in their thinking. In this competitive world peace is the ultimate solution.

On 20th August, 2018 students of classes XI & XII participated in a workshop ANVESHKA based on learning physics by doing. It was organized at SGM School. The students participated enthusiastically and enjoyed the learning experience.

The Principal Sr. Dr. Sonia took a counselling session of class IX students on 15th Oct, 2018. They were motivated to be focused on their studies and not to get distracted, importance of studies were highlighted, they were told to devote their time and energy in making their future a brighter one.

On 14th Nov. 2018 few selected students from class VIII were taken to St. Joseph's Sr. Sec. School to witness the 'Diligentia Science Exhibition' by the science Co-Ordinator of the school.

There was a short orientation programme organized for the students who need improvement in their academics by the Principal Dr. Sonia Varghese. She stressed on punctuality and hard work for better results.



School Assemblies

3rd April marked the bright beginning of new session for 2018-19. The assembly began with the appreciation of previous year's achievements and encouraging the students for the upcoming session. The principal Rev. Sr. Dr. Sonia Varghese here discussed the role of four P's – (Patience, passion, Practice and perseverance) in achieving success. She added the fifth P, which stands for 'Power' and told the students about its significance.



On 1st May 2018, the morning assembly was dedicated to acknowledge the efforts and hard work put in by the fourth class employees in the smooth functioning of the institution. A beautiful programme was presented in which they were felicitated by the Principal.

'Yoga' is a practice, which controls an individual's mind, body and soul. The benefits of practicing yoga were beautifully presented by the students of III-A on 9th July, 2018 in the morning assembly. The students staged the dynamic yoga poses of Surya Namaskar and also shared the benefits of Surya Namaskar.

On 13th August, 2018 a very meaningful and motivated morning assembly was presented by IX A on the topic 'Faith in God'. The students put forth the notion that when the situation is against of us, it is only unshaken faith in God that removes the darkness and give us strength to face the challenges of life.

Independence Day was celebrated in the school, the parents of school toppers of class XII Com. (Kiranjyot Kaur and Maneet Kaur Arora) unfurled the tricolor and graced the occasion.

October 5, witnessed how the school provides erina to its students. The blooming buds of class I-C presented a wonderful programme in the morning assembly on the topic, 'The Month of The Year'. The toddlers won everybody's heart by their scintillating moves.

On 8th October 2018, class IX-B conducted the morning assembly to salute to the great commanders of Indian Air Force. The students glorified the real HEROES and their achievements. The whole atmosphere was filled with sense of pride for IAF.

Eco club of Mariampur Sr. Sec. School on 16th Oct, 2018 organized a 'Paper Rangoli Making Activity' for the primary classes. In place of chemical colours and flowers they made beautiful rangolies by using old card boards, coloured sheets and thin papers to make colourful and stylish rangolies.

Love for motherland is in every heart. On 2nd Nov. 2018 the premises of Mariampur filled with the feeling of patriotism and integrity as the students of



VII-B presented a beautiful assembly on the glory of India, they also took pledge on integrity to eradicate the obstacles coming in the way of economics, political and social progress of our country.

24th Jan. 2019 was celebrated as 'National Girl Child Day', To celebrate the occasion, special morning assembly was conducted by the English Department. It emphasized the importance of education for a girl child, giving her the right nutrition and equal status in the society.

IMPORTANT events



Charity We are proud to have a group of L.T.S. (Leadership Training Service) who on the occasion of Christmas visited Mariampur School, Double pulia, St. patricks School and Shishu Bhawan, Civil Lines to spend a few joyous moments and lend helping hand to the children in need. The students presented a short programme for them and also distributed few things of utility including eatables. The students were highly inspired by the visit and learnt to value the things they retain.

Choir Competition Choir isn't just a hobby or a school activity, It's a way of life. Music is a form of art, an expression of emotions through harmonic frequencies, It is one of the most beautiful thing in the world. Our school hosted the KSS Interschool English Choir Competition, which was judged by distinguished panel namely Mr. Ajeet Anson, Mr. Atanu Bhattacharya and Mr. Anand Rubeen Singh. In this competition 22 schools participated, it was a cut throat competition. The participants rendered a soulful melody which enthralled everyone. Ist position was bagged by Mariampur Sr. Sec. School and being the host, a humble gesture was shown as they gave their trophy to the First Runnerup school that was Virendra Swaroop, Panki. IIIrd and IVth position was bagged by Allen House Public School and Guru Nanak Modern School respectively.



Constitution Week Celebrated From 26th November to 1st December, 2018. Constitution Week was celebrated to educate the young minds about the salient features and importance of our constitution. Life sketch of Dr. B.R. Ambedkar was presented, making of constitution was highlighted. The objective of the celebration was to create not only awareness but a sensivity and consciousness in our future generation. The Preamble and the fundamentals were explained in detail. Rev. Sr. Principal Dr. Sonia told the students about solidarity, that is very much needed to bring peace in society.

Birth anniversary of Netaji Subhash Chandra bose was celebrated in the morning assembly. It was an inspiring celebration and highlighted the objectives and strategies taken by him to win the freedom struggle. His fearlessness was appreciated by one and all.

25th January, 2019 A drawing competition was organized on the topic 'National voter's Day', the students participated with full enthusiasm. On this occasion the students were made aware of rights and responsibilities. A team of 'election commission' told the

students the importance of 'Right to Vote'. The voters only can bring the desired change in a nation.

Pariksha Pe Charcha On 29th January, 2019 Prime Minister Narendra Modi interacted across the country with a section of students, teachers and parents in another edition of 'Pariksha Pe Charcha' in which he highlighted the point :-

'There is a life beyond exams'. The conversation was simple and beautifully the problems were solved. The students spoke about their inner conflicts and found a way to solve it. It was a proud moment for Mariampur School because Akanksha Bajpai of class X-A got the chance to participate in Pariksha Pe Charcha in New Delhi.

A special programme was put up in the morning assembly on 22nd Oct. 2018 to say 'No to Plastic'. The students were told about the harmful effects of plastic and were also suggested the ways to replace it. They were told to promote the use of cloth bag and paper bag.

Adventure Sports

No amount of words can adequately convey the thrill of climbing a rock, bungee jumping or river rafting. In order to outlet the fear in a child, the school organized an adventure sports event on 5th and 6th December 2018. It aimed at maximum participation of the students in activities such as rolling in a closed ball, climbing the commando net, rock climbing and coming down through a ropeway. This adrenaline packed maneuvers provided an extreme thrill and helped to boost the confidence of the students.



Sports Meet

"Healthy mind lives in a Healthy Body" and to change from our henbaneroutine, annual sports meet was organized on the occasion of Children's Day on 15th and 16th November, 2018 to develop and enhance the extra curricular activities of the students.

It was declared open by Rev. Sr. Moureen by uplifting the flag and Rev. Sr. Lourdes released the balloons in the air.

Interesting race like 50 m, 100 m and 200 m were held along with discus throw, shortput etc. Winners of various events were awarded with medals and certificates. The event encouraged



the students to improve their communication skills and maintain the team spirit.

Fete

The mega event of the sports meet came along with a fete that was put up by the teachers to add excitement and make the children's day even more joyful. Numerous stalls served delectable snacks and mouth watering eatables which pulled many students for the amazing aromatic food.

Hobby Classes

As per the CBSE guidelines, to maintain the physical health of the students, hobby classes



were introduced which included karate for classes VI to XII and skating for classes VI to VIII. These activities were held to stimulate the bodies and polish the spirits of the students. Hobby classes were held in zero periods from Wednesday to Saturday.

Smart Classes

"Every generation needs a new revolution"

Technology has been rapidly changing and expanding in every field. In order to keep a pace with the computerized world and maintain the quality of life, the school started the smart classes for the children. The teachers were given



a three day training from 6th to 9th May 2018 to operate the digital ways to impart education to the students. This system helped the students in better understanding of the subjects through audio-visual clips.

Robotics

In the modern and technological world, where machines substitute humans and replicate human actions, the school started robotics classes for the students. Under the guidance of experts, they were taught the art of designing robots for information processing. They also learnt the skills needed to create precise and accurate instructions and had fun while learning valuable lessons.

E-care - Smart & comprehensive package with multi platform facilities for the students and parents.



School Excursion

"Travel is a way of stretching the mind" - Ralph Crawshaw

An educational trip was organized for the students from 26th Dec.2018 to 3rd Jan. 2019 to the agricultural land of India – Punjab. It was a great opportunity for the students to gain experience beyond the boundaries of the classroom. The time spent there became more cheerful with the pleasant weather, attractive surroundings and wonderful company of the friends. The group was accompanied by the manager of the school Rev. Sr. Clare, Rev. Sr. Reshmi and few teachers.



Teachers' Picnic

In order to take a break from the monotonous and hectic schedule, the teachers were taken to Senger's Resort, Rania on 15 December 2018

This relaxing getaway was a true escape from the hustle and bustle of the routine life. The teachers enjoyed swings, tambola and mouth watering cuisines in the nature's lap.



Kanpur Sahodaya School Competition Result

- English debate competition held at Sir Padampat Singhania Education Centre on 4/may/18, Shubra Verma of VIII B bagged III Prize.
- Drawing contest held at Maharana Pratap School on 5/May/18, Shivi Nigam of IV A got consolation prize.
- Inter School Yoga Contest held at Sri Ram Education Centre on 30/Aug/18, Nandini Jha XII Com- II Prize, Arya Singh V A, IV Prize, Anushika Bajpai VIII A, V Prize.
- Hindi Debate Competition held at Sir Padampat Singhania School on 10/Oct/18 for classes IX-XII. Japneet Kaur of XI –A Science got consolation Prize.
- Chess Tournament held at Soneylal Patel School on 12/October/18 Rishita Debnath of X A bagged the Board Winner Trophy.
- English Choir Competition held at Mariampur Sr. Sec. School on 12/Nov/18 bagged I Prize.
- Interschool Swimming Contest held at Woodbine Gardenia school on 17-18, Aug,2018, Mishti Bajpai of VII B bagged 2 Gold Medals and 1 Silver Medal in east zone swimming and 3 Gold in K.S.S. swimming.



Nandni Jha



Mishti Bajpai

- Art contest held at PSIT- Pratistha Sharma won the II prize.
- Art contest organized by Durga Puja Committee , Pratishtha Sharma won I Prize.
- Art Contest organized by Dainik Jagran, Chahat Kapoor bagged the prize.

Bible Festival

Bible Festival was organized by Roman Catholic Diocese of Allahabad on 24th October 2018. Our students represented Kanpur Zone in various competitions held at different levels and won prizes. It was a golden opportunity for the students to show cases their talents.

Winners in Round -3 – Group Dance

I Prize :

- | | |
|--------------------------------|------------------------|
| 1. Anurati Dey XII Com | 2. Anshika nath Xi Com |
| 3. Clementine Mendis XI Com | 4. Vinny Horo XII Com |
| 5. Vinny Plato XII Com | 6. Prarthana Dey IX |
| 7. Celestina Peter XII Science | |

Literary Activities

Our school has a rich tradition of co-curricular activities which are meant to enable the pupils



to acquire interest in many fields and thus lead to a harmonious development of physical, moral aesthetic and intellectual life. Every student is required to participate in one or more of these activities according to their interest and aptitudes.

Kindergarten Activities

Teaching does not need to be limited to textbooks and green boards, with our fun school



activities for kids learning becomes interesting. Simple, easy and fun activities set the foundations for better learning. Quiz, Recitation, Dance, fruits parties.

Celebration of festivals, morning assemblies cater to the cultural, social and aesthetic development of children. Our faculties are well equipped to unleash each child's natural talent, guiding them through various techniques.

Vaccination Camp

As the government launched many schemes and campaigns to eradicate severe diseases from the society, this time the campaign was launched for Rubella and Measles from the society. According to the time slot vaccination was held successfully in school.

Children from the age group of 6 years – 15 years were vaccinated.



Shining Stars

Class XII Com.

Class X



Maneet Kaur Arora
95.8%



Kiranjyot Kaur
95.8%



Sukriti Shukla
97.8

RESULT CLASS X - 2017-18

Toppers

Kashpreet Kaur	97.2%
Aditi Sharma	97.0%
Monika Bhatia	96.6%
Ayushi Singh	96.4%

Subjects

Akanshi Sharma	Eng.	99
Sukhneet Kaur	Eng.	99
Vishakha Singh	Eng.	99
Shraddha Shukla	Hindi	99
Bhawyani Gupta	Maths	99
Vidushi Gupta	Maths	99
Kashpreet Kaur	Science	100
Sukriti Shukla	S. Sc	100

RESULT CLASS XII - 2017-18

Science

Ghungroo Jain	95%
Shwetali Singh	95%
Shivangi Bajpai	94%
Astha Singh	93%
Renuka Mishra	93%
Arya Tripathi	92.8%
Anushree Trivedi	92%

Commerce

Palak Chhtani	95.2%
Yukta Makhija	94.8%
Guneet Kaur Alang	94.6%
Shanika Nigam	94%

Subjects

Shaurya Gupta	Eng.	99
Shreya Sharma	Hindi	97
Vidhi Awasthi	Hindi	97
Aanchal Saraf	Eco.	99
Japneet Kalra	Eco.	99
Shivangi Bajpai	Eco.	99
Anjali Shukla	Maths	95
Ghungroo Jain	Maths	95
Kiranjyot Kaur	Maths	95
Maneet Kaur Arora	Maths	95
Palak Chhataani	Maths	95
Arya Tripathi	Phy.	95
Astha Singh	Phy.	95
Shwetali Singh	Phy.	95
Vidhi Awasthi	Phy.	95
Shwetali Singh	Chem.	97
Shaurya Gupta	Bio.	98
Yukta Makhija	B. Std.	98
Anushka Shukla	Acct	95
Kiranjyot Kaur	Acct	95
Maneet Kaur Arora	Acct	95
Ghungroo Jain	Comp. Sc.	98



Ambassadors of Peace Speak ...

We are made wise not by the revolution of our past but by the responsibility of our future.

Before starting, I would like to thank our principal, teachers and friends who believed in me by selecting me as Assistant School Pupil Leader of the school and gave me this opportunity of standing out and proving myself. Also, I would appreciate the spirit of all the cabinet members with whose support and co-operation we could make every event of this year a successful one. Because of the trust entrusted in us by the school, we would make any amendments in our school. This year was a special one as our Principal started the campaign of 'Ambassador of Peace' in which 5 students from each class were selected for the duty under this campaign, we did our job by inspiring others to follow what is stated in the 10 commandments of our school. Also we put our heart and soul in making every event a memorable one.

The Teacher's Day Programme this year was organized with great enthusiasm. Not only this, the various sports activities held in our school were also managed well. Other than this, various special assemblies were also systematically organized. We also maintained and inspired others to maintain cleanliness as well as discipline.

Anshika Nath XI-C Comm :

Every job that is dutifully done with honesty and sincerity must be appreciated always. I would like to share my emotions and feelings which I had when I got the Ambassador of Peace badge. First of all I would thank my Principal Rev. Sr. Dr. Sonia Varghese as she was the motivation behind this idea. When I got the badge a feeling of responsibility and respect emerged from my heart for the school. I was feeling very confident and could walk with my head held high. I learnt to be honest and responsible towards the school, management, parents teachers, elders and friends. A feeling of positivity and a sense of belongingness came from the 10 commandments for students to follow right path of life, we came to know that every work is respectable, dignified and important. Performing the work honestly gives us peace of mind and inculcates within us a sense of justice fulfilling us with self-respect and self-confidence.

Vanshree Pandey Class VI



Let Us Consider Life

Life is a color palette with reds of love, blues of hope, yellows of faith, greens of peace, oranges of happiness and black of fear.

Life challenges us by throwing various colours at us. Some of us face these challenges, Some of us pass in them while some of us carry strength to continue to fight harder and harder. Not everybody lives an easy life. All of us have our own fears, our own drawbacks and some of us even share a horrific past. But the real warriors are the one who still continues to live and paint the masterpieces of their own life. The real warriors are the ones who carry their scars with proud and allow themselves to heal with time.

All of us here are beautiful in our own way. All of us have our own stories and all of us here are warriors. Let these wounds bring out the best in you!.

Agrini Tiwari X-B

Fascinating *mind*

The day I went with my besties
With a pretty simple frock,
But the attires they wore
I was really fascinated and shocked.

This urge to buy it of fascinating mind,
But rather thinking I am fine.
I just want good personality and I shall be kind,
Simplicity like me, Oh! Who will find.

I took a look on myself.
And compared others with fascinations overnight
Oh! This fascinating mind,
Neither suits me one my personality nor fits.

Anushika Pandey – X-B

Dear Mom

Dear Mamma,
You are my life,
You are my guide.
With your help,
I can turn away
any Tide.

Mamma,
You are my best friend.
To talk to you,
I have no end.

Thank you for being with
Me every where.
I know how much
Of mine, you take care

Priyamvada Misra
VII-C

DILEMMA IN CHOOSING A 'CAREER'

Life is said to be realistic,
But for us its somewhat dramatic.
O' this hustle and bustle in choosing a career !
And in this hectic scenario we are as if like a warrior.
Time to make a tough decision,
But what to do lot of confusion.
Confusion ! Confusion ! Confusion !
Can I have a fusion ?
Of commerce and science or both of them,
Or do I have to get something off my stem.
Doctor, engineer, architect, IAS etc are many option !
We can choose any and serve our Nation !
To set up our aim we need guidance and perfection,
Parents, Teachers, elders give was our reflection.
They polish us like a shining pearl,
And help us in straightening our life's curls.
Keep all the tensions aside,
As we are standing abide.
And that's how the things we access,
And climb the ladder of success.

Sukhleen Kaur-XII Com

School Staff : 2018-19



Prize Distribution



Prize Distribution

Award ceremony is the best way not only to inculcate competitive spirit but also give due regards to exemplify the values and morals. The prize distribution ceremony held on 22nd feb. 2019 Was a way to acknowledge the achievements of the students to shine in their respective fields. The students were awarded certificates for full attendance, appreciations and for academics. Houses were awarded shields/trophies in various fields. The manager Rev. Sr. Clare and principal Rev. Sr. Dr. Sonia and Rev. Sr. Reshmi did the honors and wished the winners to achieve success in the same way in future also.

Result

Fields	House
Sports	Gold House
Literary Activities	Gold House
Bulletin Boards	Blue House
Discipline & Cleanliness	Blue House
Overall winner	Gold House
Overall runnerup	Blue House



GRANDPARENTS DAY

Grand Parents Day "Blessed are those who pamper and snuggle, hug and hope, praise and cuddle, laugh and listen, for they shall be called Grand Parents".

Grand Parents day was celebrated by K.G. Students on 6th February 2019. Rev. Sr. Rupa, Provincial Superior was the chief guest. It was a subtle mix of reverence and gay abandon. The children basked in grace and blessings of the Grand Parents as they looked on with indulgence as their grandchildren display their multiple talents in a variety of ways. The entire team of Kindergarten teachers and students, left no stone unturned to make the event a memorable and a nostalgic one. The students were happy to present peppy dance numbers and their performance touched the hearts of all.



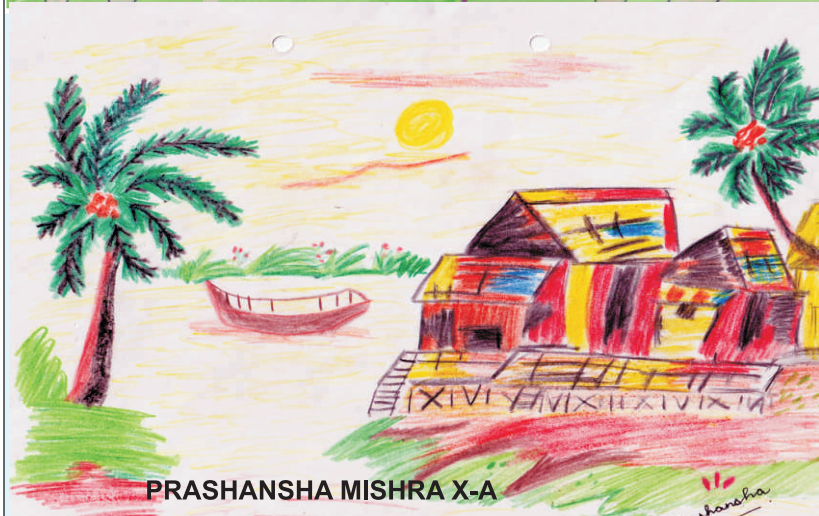
Outgoing Batch 2018-19



Class XII - Science



Class XII - Commerce



COLOURFUL EXPRESSIONS

