

MARIAMPUR SR. SEC. SCHOOL, KANPUR



VISION

On the wings of excellence reaching to the Zenith with ethics, preparing young minds physically, emotionally, spiritually and socially balanced to be ready to face the challenges of the world catering to the aim of serving humanity.

PRINCIPAL'S MESSAGE

Dear Parents,

"What God is to the world, parents are to their children". Good parenting is not just about raising one's children and making them fit for profession. It is about developing a wholesome personality bestowed with wisdom and intellect so that the child, instead of learning to count, learns about what counts is life.

Some parents expect their child to be 'Super Child' that they must excel in everything and be successful in each and every endeavour. These parents over-expect from their children, forgetting the fact that one day, they too were children themselves. Stiff competition and the fact that parents today have fewer children, have contributed greatly to parents anxiety about their child's success and career. Children brought up by over-expecting parents find it difficult to handle failure and frustration.

Treating the child like a normal human being rather than as a super hero or heroine is the antidote to the problem. Remember, expectations are like medicine. Children who are encouraged despite their failures become emotionally intelligent. Studies have revealed that Emotional Intelligence contributes 80% to success in life, whereas Academic IQ contributes only 20%. Smart parents ensure that their children learn to accept failures gracefully and still remain motivated emotionally. Emotionally intelligent children do wonderfully well in life as they achieve more success as well as turn out to be emotionally stable persons. Let us therefore believe that Parenting is an Investment in Eternity.



Sr. Nirupa

EXCELLENTIA

SUCCESS IS A COMBINATION OF INSPIRATION AND PERSPIRATION.

THE EDITOR SPEAKS

Dear Readers,

'The aim of education is the knowledge not of facts but of values.'

Mariampur Senior Secondary School has a vision, a dream to tutor girls with a harmonious blend of Indian culture, religion and contemporary wisdom. In order to achieve this vision, Mariampur school provides a holistic and balanced education to mould its students into model citizens with excellence of character, excellence of belief, excellence of work and excellence of conduct imbued with sentiments of humility and compassion for the downtrodden.

Fifty-two years is a brief span in the annals of an eminent institution. It is gratifying to see the school making a significant contribution to the cause of girls' education.

I am extremely pleased to bring forth "Excellentia" The News Letter 2009-2010 Vol. VIII. It unveils the ceaseless efforts of our students in all their endeavours both co-curricular and at academics level which clearly signifies that in Mariampur school excellence is the way of habit, never by chance.

It gives me great pleasure to thank our principal Rev. Sr. Nirupa Vice principal Rev. Sr. Regi, the members of editorial board and the staff whose guidance, support and encouragement has richly contributed to the accomplishment of this issue of news magazine.

The years ahead will bring forth new challenges and opportunities and Mariampur school under the guidance of our worthy principal and management will not only continue to adapt, innovate and rise to the occasion but will continue to be true to the core values outlined by our foundress "Mother Brigida Morello".

Editorial Board :

Mrs. Sneh-Gosain, Mrs. Pooja Sehgal, Miss Caroline D'Souza

- Ms. Caroline D'souza

Our Patroness

Blessed Virgin Mary Mother of Jesus to whom Mariampur- (City of Mary) Senior Secondary School owes its very existence, name and growth is our holy-Patroness. Like every good mother is at the heart of the family, Mary is at the heart of the Mariampur-Family. From its very inception in 1957 Mary has been the Source of our inspiration, the Model of our aspirations, the Tower of our strength, the Guiding Star of our progressive-journey and our sure Protection against all evil and dangers.



400th Birth Centenary of Blessed Brigida Morello of Jesus

Greatly favoured by grace from her early childhood, she possessed in a high degree the gifts of contemplation, prophecy and of miracles. Bridgit Morello, a name that has occupied a place in history. She was a mystic of the 17th century, endowed with special gifts of mystical union with God. At that time women hardly had any place in society. But this lady of vision overcame obstacles of all types.



This year we celebrated the 400th birth anniversary of Mother Brigida Morello of Jesus.

Pillars of UMI

U M I sisters have completed 75 years of their dedicated service in India. Under their guidance the students are



Pillars of UMI

not only achieving goals in academic sphere but are also developing moral values and spirituality in themselves by keeping in minds the Indian culture and traditions.



School Cabinet 2009-2010

IMPORTANT EVENTS

18th April, 09, World Heritage Day -

Emphasizing on the word Heritage, speeches were delivered in the morning assembly to preserve the country's as well as the world's heritage as every community and society has a very precious heritage of its own which has to be transferred to the next generation.



22nd April, 09 Earth Day/Prize Distribution -

Prize Distribution Ceremony for the academic session 2008-09 was held. Rev. Sr. Stella Anne and Rev. Sr. Nirupa distributed the certificates for toppers in classes L.K.G. to XI. Parents were also called to witness the programme. The students were also awarded certificates for the full attendance for the session 2008-09.

A special assembly was conducted to familiarize the students about the deleterious ecological imbalance and depletion of natural resources.

1st May, Labour Day -

In the assembly conducted by the Hindi department students made everyone acquainted with the dedicated services given by the helper class, through their speeches.

The helping hands were rewarded by our principal Rev. Sr. Nirupa.

**10th July, Red Colour Day -**

The tiny tots were in full bloom, dressed in the red colour



outfits, highlighting the significance of the day.

11th July, World Population Day -

World population Day was brought to notice through skits and speeches delivered by the students. The demerits of over population and measures to control it were discussed.

7th August, Quit India Movement -

A laudable performance was given by the members of the school cabinet as they replicated the efforts made for the Independence of the country, by our freedom fighters, through skits and speeches.

**15th August, Independence Day -**

The school celebrated the sixty-second independence day with great zeal and enthusiasm.

Parents of the toppers of 2008-09. Dr. Neena Kapoor and



Mrs. & Mr. Banerjee were invited as chief guest and guest of honour respectively. The programme commenced with a melodious song followed by programmes which remarkably displayed unity in diversity.

Janmashtami -

Janmashtami was celebrated by the students of primary classes. They depicted the life of Lord Krishna through skits and songs.

**5th September, Teacher's Day -**

The students made their teachers feel special by bringing forth a laudable performance. A special prayer service was conducted for the teachers in the school chapel.

The programme summed up with vote of thanks given by the ex-teacher of Mariampur Mrs. Dua.



8th Sep., World Literacy Day -

The importance of education was highlighted by various speeches delivered by the students which left a stupendous impact on the viewers.

2nd Oct., Gandhi Jayanti -

A special assembly was conducted by the students depicting the life and works of Gandhiji and Shastriji, who will always be cherished in the memories of every Indian.

**14th Nov., Children Day -**

Chacha Nehru was remembered on his birthday by the



children who showed their gratitude by conducting an influential assembly. Our principal Rev. Sr. Nirupa wished the students success and happiness in their lives.

1st Dec. World Aids Day -

The Biology Department conducted an informative



morning assembly. The students were made aware of the disease by a skit which showcased the causes as well as the remedies for the deadly disease.

5th Dec., Grand Parents Day -

With an aim to instil in its students the Indian tradition, culture, values and respect for the elders, our school organised a 'Cultural Evening' for the grand parents of the students of classes VI-VIII on 5th Dec. 09.

The fun filled concert left the grand parents mesmerised and took them into the past and reminded them of their youth. They were happy to see their grand children confident and enthusiastic on the stage.

**8th Dec., Mother Mary's day -**

Mother Mary has been the source of our inspiration and guidance. Her life was recalled and kept forth the students.

**23rd Dec. Christmas Day Celebration -**

Christmas was just round the corner. But the Mariampurians were already in a festive mood. A special assembly was conducted which was loaded with fun and jubilation. It was the



time to regale and rejoice and to spread the real spirit of Christmas.



26th Jan. Republic Day -

It was again a time of celebration and being proud to be a



native of a republic. The luxuriate love for their nation was brought to notice by a special programme conducted by the students to mark the occasion.

Mrs. Shanti Lakhera the (ex-teacher of Mariampur Sr. Sec. School) was the chief guest for the occasion.

6th Feb., Farewell -

On 6th Feb'10 outgoing students of XII std. bid adieu to their alma mater. The students of class XI std. entertained their seniors through a cultural programme. The programme



programme. concluded with mouth watering delectable delight. Our

principal, vice principal manager & staff showered their blessings on them for their bright future.

10th Feb., Book Fair -

Book Fair was organised in our school by the scholastic group to inculcate in the students a taste for reading.

**17th Feb. Foundation Day -**

The L.T.S. members conducted a special assembly on the occasion of the foundation day.

The journey and dedicated efforts of the Ursuline sisters, from Italy to India were highlighted through speeches and skits.

Recreation -

A day of relaxation was arranged for the teachers at



Sengar's Resort on 26th February 2010.

Clubs -

The working of various clubs namely Eco-club, L.T.S. club and USM has proved to be fruitful. They have inculcated in the young minds the spirit of leadership awareness towards the environment surroundings and self transformation for a better life.

USM (Pray for world Peace) -

Universal Solidarity Movement of value education for peace is an attempt 'To light a candle instead of cursing the darkness'. It



aims at helping people rediscover their inter relatedness not only to one another but also to nature and all creations. The only way to achieve this objective is 'Self Transformation'. Our school is propagating the movement to make this world a better place to live in. For the session 2009-2010, the inaugural meeting was conducted on 1st August 2009, it was presided over by Rev. Sr. Stella Ann, manager of our school. The students from classes VI to IX joined the movement and had frequent meetings.

The USM group have started the practice of five paths and celebrated 'USM Week' from 31st August to 5th September 2009. During the week the students conveyed the objective and ideas of





USM by conducting morning assemblies.

On 4th September '09 our vice principal Rev. Sr. Regi along with USM incharge teachers and students went to Manampur school Double Pulia, Kanpur to distribute all stationery and food items among the poor & the needy children.

On 3rd August 2009 the Director of USM, Indore visited the school and motivated the students with his profound words.

Inter-religious prayer meetings and core group meetings were held regularly emphasizing the feelings of all inclusive and acceptance among the students.

In the month of December '09 all the students of this alma mater donated clothes, toys stationery items edibles etc. for the poor people so in this way our school maintains the tradition of sharing happiness and work for a better tomorrow.

(L.T.S.) Leadership Training Service -

This club trains the students how to develop distinctive personal qualities which helps the students to make a mark in society and shine with confidence and positively face the world ahead as better leaders. Every Tuesday meeting were conducted.

In month of September inaugural function was held where the students had taken oath to perform various duties for school and society. Keeping the spirit of sharing and caring the L.T.S. members distributed clothes, stationery and food items to the less privileged in Manampur Double Pulia school.

A special morning assembly was organised on 17 Feb 10 by the L.T.S. members on the occasion of Foundation day which highlighted the journey and efforts taken by the ursuline sisters from Italy to India and how their tireless efforts to serve humanity.

ECO-CLUB (Keep the environment green and love the animals)

In order to survive and lead a healthy, joyful and long life

awareness about the environment must be given due recognition.

During the morning assemblies tender minds of ECO-Club Contributed by giving necessary information of flora and fauna, waste and energy resources of the earth. All the students decided to use ECO-Friendly items and promised to minimize the use of plastics and other non-biodegradable substances. Bags of different materials like jute, cotton, handmade paper added flavour to it and made the work more worthwhile and interesting. All through the year, ECO-Club members had been actively rendering their services to the society.

Academic Update -

11 July '09 - An orientation programme was conducted for the parents of U.K.G.. The parents were enlightened with tips to do better parenting and to metamorphosis each and every student into an emotionally strong social assets.

24 July '09 - Orientation programme for the parents of class X was held. The purpose of the programme revolved around the mental spiritual and physical development and also to have better teacher-parent coordination for the child's betterment.

11 Nov. '09 - A workshop was conducted by the group Parivartan for the junior classes (VI-VIII). The resource the students to bring about self transformation and urged them to keep their surroundings clean.

11 Nov. '09 - Renowned Doctor Abh Bajpai inspired the students to bring about self transformation and urged the students to keep the surroundings neat and clean.

12 Nov. '09 - Workshop on adolescents - Indian Academy of Pediatrics conducted a workshop for the students of classes X-XII. The resource persons Dr. Anurag Bharti and Dr. Vivek Saxena spoke to the students about stress management and how to overcome the fear of examination.

17, 18, 19, Nov. '09 - Orientation programme for teacher



students and parents was conducted by universal solidarity movement members namely Sr. Lissy, Sr. Mariette and Ms. Neeta Joshi.

The topic was role and importance of teachers, self transformation and problems faced by students and remedies to tackle them.



Valediction

On 26th January 2010 a touching farewell was given to Mrs. Shanti Lakhera for her sincere and selfless service to this institution. The staff and students bade her good bye with a heavy heart. Our principal Rev. Sr. Nirupa honoured her with a token of love.



Exposure -

G.S.V.M. Science Exhibition

Our students visited the science exhibition organised by Ganesh Shankar Vidyarthi Medical College on 9th Nov. '09 Where they were highly influenced by various departments like forensic and cancer etc. and sorted out their queries from the junior doctor.



On 8th Feb. 2010 the senior students were taken to Indian Institute of Technology to witness the open house event.

Applaud -

Rotary club of Kanpur south organised 23rd Rotary 'JET' Science Model contest on 18th Dec. '10 in which 40 schools participated and our school was awarded the over all championship.

Third prize in chemistry - Cash prize Rs. 750/-

First prize in Biology - Cash prize of Rs. 1500/-

In group A (IX - X) chemistry project 'Soil as an electrical system' Won - III prize and cash Rs. 750/-

In group B (XI-XII) Biology project 'Rain Water harvesting' won I prize and Rs. 1500/-

Lok Kalyan Sarvjan seva Sansthan Conducted G.K. Competition.

Snigdha Dixit VIII A - II Prize

Deen Dayal Upadhyay Inter College Conducted Hindi Debate Competition.

Our school won the trophy for overall performance

Participants were

Bhavini Khare - X A

Shikha Tiwari - X A

Bible Festival -

Bible Festival organized by Allahabad diocese. Various competitions were conducted at zonal and diocese level.

Anjali Malhotra - XI Sci. - I prize - group Dance competition.

Christina - X B - I prize - Speech delivery.

Roslin Francis - IX B - I prize III prize for drawing competition.

Natasha M Dias - VIII B - I prize & II prize for modal making at zonal and diocese level.

On the occasion of diamond jubilee St. Aloysius school organized a music and dance competition.

Our school won the first prize for group song contest and third prize for group dance contest under the guidance of Mr. Sanjay Dixit and Mrs. Nisha Thomas.



Winners of Literary Activities (Primary Section)





A Brush

TH
2009-2010
opportunities to the st
talents. The creativity of
through various activities he
programme 'Umang' was staged
Display by students of primary class
challenges ahead. The highlight of
held for the grand parents of the
exhibition 'Scilore 2009' brought
achieved by the senior students
science in every day life





With Talent

year
gave ample
to exhibit their innate
students was channelised
in Champ's Week. A colourful
the students of Kindergarten, P.T.
reflected their confidence to face the
session was the 'Cultural Evening'
students of junior classes. Science
at the high degree of excellence
nts and the applicability of



We are young, We are free, Our goal lies beyond the sea.

Marlampur is proud of the blooming flowers, who are full of talent and have earned laurels in the session 2009-2010



Suparna Srivastava VIII-A



**Divya Badlani
VII-C**



**Shreya Mishra
VI-C**



**Balpreet Khanna
IIIrd-C**



Nitya Saxena VIII-B

SCHOOL TOPPERS 2008-2009

Class - X

Bhanvee Gupta	-	96.0
Jayanti Asthana	-	94.8
Shweta Sahu	-	94.8
Sonakshi Samtani	-	93.6
Priyanka Singh	-	93.6

Class XII

Science	Arshita Kapoor	-	93.8
	Jassot Kaur	-	91.8
	Hansimran Kaur	-	90.8
Commerce	Anushree Banerjee	-	91.4
	Gurjeet Kaur Gandhi	-	90.4
	Anukrity Goyal	-	88.4

MERITORIOUS STUDENTS 2008-2009

We are proud of Jhilmit Badlani (XI) Com. Jhalak Rastogi XI Com. were honoured for being among the top 0.1% of successful candidates in all India secondary school examination 2009 for securing 100% marks in mathematics.

Class X

English	-	Shreya Dwivedi	-	98
Hindi	-	Bhavini Shukla	-	96
Maths	-	Jhalak Rastogi	-	100
Maths	-	Jhilmit Badlani	-	100
Maths	-	Harleen Kaur	-	100
Science	-	Bhanvee Gupta	-	96
Social Science	-	Bhavnee Gupta	-	99

Class XII

Accountancy	-	Gurjeet Kaur Gandhi	-	95
B. Study	-	Anukrity Goyal	-	95
B. Study	-	Kritika Vanda	-	95

B. Study	-	Saumya Kapoor	-	95
B. Study	-	Ritika Misra	-	95
Economics	-	Priyanka Khatn	-	96
English	-	Jaya Mishra	-	91
Hindi	-	Arpita Dixit	-	95
Hindi	-	Nikita Nigam	-	95
Maths	-	Swat Saxena	-	97
Chemistry	-	Arshita Kapoor	-	99
Physics	-	Jassot Kaur	-	95
Biology	-	Shruti Agnihotri	-	95
Computer	-	Neha Soorma	-	97
Computer	-	Arshita Kapoor	-	97



Music and Dance Competition

1. Patriotic solo singing competition organised by Deen Dayal Upadhyay Inter College.

Antara Sen IX A - II prize

2. Sangeetanjali Cultural organization and Lalit Kala academic organized Dance competition.

Suparna Srivastava - VIII A - II prize

3. Rainbow Dance and Singing Academy organised dance competition.

Palak Dubey - VI A - I prize

4. Sangeet Sandhya Academy organised classical dance competition.

Himani Sharma - VIII C - I prize for Bharat natyam.

5. Laxmi Devi Lalit Kala Academy conducted various competitions in which many of our students participated and won prizes:

- | | | |
|---------------------------------|---|--|
| (a) Roslin Francis IX B | - | I Prize Film Song |
| Priyanka Mishra IX A | - | II prize Film Song |
| (b) Palak Dubey - VI A | - | I prize - Classical Dance, Group Dance |
| | | II prize - Solo dance Competition. |
| (c) Aditi Shukla | - | I prize - Group song |
| | | III prize - classical song Competition. |
| (d) Divya Badlani - VII C | - | I prize - Classical song contest |
| | | I prize - Group song |
| (e) Suparna Srivastava - VIII A | - | I prize - Solo Dance Competition |
| (f) Nainpreet Kaur Bhatia - IX | - | I prize - Drawing Contest. |
| | | I prize - Instrument playing competition (Harmonium) |
| (g) Aradhana Agarwal - VII B | - | III -prize - Film song category. |
| (h) Yashashvi Dwivedi - VII B | - | Consolation prize. |

6. Lalit Kala Academy organised Dance Competition

Nitya Saxena-VIII-B - Ist prize - solo dance

Anushree - Illrd prize

7. Rotary club of Kanpur Industrial organized Inter school stand up comedy competition.

Nainpreet Kaur (IX - A) - I Prize - Best Male Category

Deerghika Dixit (IX - A), Arunima Bajpai (VII - B)

Sohani (VI) prize - Female actor category.

Drawing and Painting Competition 2009-2010

1. Prachee Banga Bhavan Parishad organized painting competition.

Date: 09.08.09

Group D:	Ritika Saxena	XA	III Prize
	Anmol Tiwari	VIII C	Consolation

2. JCI Brahmavarta Organised Painting Competition

Date: 06.09.09

Venue: Sheiling House School

Group A:	Mishthi Mishra	III C	II Prize
	Shivika Singh	IB	Consolation.

3. Painting competition on energy conservation organised by Bureau of Energy Efficiency Ministry of Power, Government of India.

Date: 13.10.2009

Venue: Mariampur Sr. Sec. School

No of participants: 152

4. Laxmi Devi Lalit Kala Academy Organised Painting Competition.

Date: 01.11.09

Nainpreet Kaur Bhatia	IX A	I prize
Anmol Tiwari	VIII C	III prize

Sports -

Sports and games are such fun; hop and skip, jump and run.

Kanpur District Athletics Meet 2009 was organised by Kendriya Vidyalaya Armapur K2 on 12 Sep. '09. Six of our students bagged gold, silver and bronze medals and brought laurels to our school.

- | | | |
|----|------------------------|-------------------------------|
| 1. | Gurpreet Kaur - VII | Gold Medal - 100m, 200m race. |
| | | Bronze medal - long jump |
| 2. | Deerghika Dixit - IX | Gold medal Discus throw. |
| 3. | Roshini Saxena - IX | Silver medal - Short put. |
| 4. | Sejal Bajpai VIII | Bronze Medal - 800m race. |
| 5. | Shubhi Gupta - XI Com. | Bronze Medal 1500m. |
| 6. | Ankita Arora - X | Bronze Model - Shotput |

State Level Junior Girls Football Tournament Football Association from (29 Aug. '09 - 6 Sep. '09)

- Priya Bhadauria - IX B and Kanika Chaddha - IX B of Kanpur Team Won the Runner's up Trophy.



400th Birth Centenary of Mother Brigida Morello



मदर ब्रिजिडा गीत

सादर नमन करते हैं हम मदर ब्रिजिडा तुमको ।
श्रद्धा सुमन अर्पण है तुम्हें आशीष दो हमको ।।
येशू मसीह की कृपा व्रत धारण किया,
निर्घन अंपाहिज रोगियों को आसरा दिया ।
त्याग तपस्या की मूरत तुम वंदन करते तुमको ।।
नारी की शिक्षा का लक्ष्य था तुम्हारे जीवन में,
राह कठिन थी फिर भी समर्पित तुम तन-मन-धन से ।
त्याग तपस्या की मूरत तुम वंदन करते तुमको ।।
वृक्ष जो तुमने लगाया वो बन उपवन महका,
तुमसा नहीं कोई दूजा ये सारा जहाँ कहता ।
त्याग तपस्या की मूरत तुम वंदन करते तुमको ।।

बूझो तो जानें

1. सूरज से पहले उठ जाए, फिर हम सबको जगाए । — मुर्गा
 2. बैठे नाक पर, पकड़े कान, बोलो कौन है वो शैतान ? — ऐनक
 3. पूरे वन में इसका राज, पर सिर पर न रखता ताज । — शेर
 4. यह है एक ऐसा बंदर, उछले जो पानी के अंदर । — मेंढक
 5. चार टोंगें, पर कहीं न जाए, चलने वालों को बैठाए । — कुर्सी
- पूर्ति चावला

“कविता”

“कुछ भरोसा नहीं”

कुछ भरोसा नहीं, कहाँ, कब क्या हो जाए ।
कुछ भरोसा नहीं, कब, क्या चला जाए ।।
कुछ भरोसा नहीं, समय कैसा आए ।
कुछ भरोसा नहीं, कि आदमी कब बदल जाए ।।
कुछ भरोसा नहीं, कि भाग्य कैसा हो जाए ।
कुछ भरोसा नहीं, कि रंक कब राजा बन जाए ।।
कुछ भरोसा नहीं, दुनिया में क्या हो जाए ।

— आस्था शुक्ला आर.एन.-7



“Me”

I'm what I am,
I may not be the prettiest
I may not be the cuttest 'n' yes I have pimples !
But I've what I am.
I may not be the most adorable.
I may not be the most intelligent
But I'm what I am.
I may not be the best dancer of the lot
I may be a lazy bone when it comes to sports
But I'm what I am.
Despite of the fact of being nothing.
To someone I mean something
Yes she is my friend !!!
Who is against all odds, breaking all trends
She is not with me here but I'm in her thoughts there,
When everyone is competing with 1 other face to face
We 2 idiots aren't a par of this rat race.
Hope we can always explore the greatness of our
friendship
Which will be forever on everyone's lip.



— Priyanka
Singh XI - Sci



The Happy Prince



There was once a happy prince
 Who had all the things
 When he died his statue was
 placed in the town
 With jewels of gold and brown
 The prince asked a swallow to give
 the jewels to the people who
 were in need now the
 swallow did not feel cold
 because he did a good deed
 When the prince was
 blind, the swallow was
 his eyes because it was
 Very kind
 When the swallow died,
 the heart of the prince
 broke inside
 Seeing the statues shabby condition,
 people of the town,
 Took the statue down
 They found a broken
 heart in it,
 and thought of it as nothing
 a bit
 They throw it in
 the dust bin,
 But for god it was
 the best of all things.

- Ayushi Chauhan V A

You Will succeed Sure

"Read But write more.
 Talk but think more.
 Play but study more.
 I promise you will succeed sure.
 Eat, but chew more.
 Weep but laugh more.
 Sleep but work more.
 I promise you will succeed sure."
 "Punish, but pardon more,
 spend, but save more,
 consume, but produce more,
 I promise you will succeed sure.
 "Hate, but love more,
 Order, but obey more,
 Quarrel, but compromise more,
 I promise you will succeed sure."



- Vanshika Handa IV - A

A Good Daughter Cheeseburger

Take a bun
 of
 good manners,
 and
 in between put
 a tikee
 of care
 Put some pickle
 of
 honest,
 and some melted cheese of
 responsibility.
 Put some tomato sauce of
 love
 Grill it into a cheese burger.
 Serve it to you parents,
 as a
 loving, caring, responsible,
 and honest
 daughter.
 They will have it,
 and become
 proud parents.



Muskan Ahuja VI-B



पुरोहिताई समर्पण

पुरोहिताई समर्पण विश्वास है,
अनन्त जीवन के पास है,
प्रभु अंग वो खासा है,
मौज का सर्वश्रेष्ठ एहसास है।

पाप क्षमा भी उनसे है,
मुक्ति मार्ग भी उनसे है,
निःस्वार्थ की अर्पण जिन्दगी,
अब यह जिन्दगी भी उनसे है।

शान्ति है मन में जितनी,
उस प्रभु की जोत से,
कैलाश उजाला घर-घर,
त्याग धर्म यह उनसे है।

जिन्दगी अर्पण जो कर दे,
पाक प्रभु के प्यार में,
तर्क सबको रास है कि,
पुरोहिताई समर्पण विश्वास है।

क्रिस्टीना मसीह
X-B

दोस्ती

तीन अक्षरों का शब्द दोस्ती
कितना सुहाना लगता है
दोस्तों के दिना जीना
तो मरना सा लगता है।
मुश्किल चुनौतियों का सामना करना
भी आसान सा लगता है
तीन अक्षरों का शब्द दोस्ती
कितना सुहाना लगता है
हाथ में हाथ रखकर बढ़ना
एक सुंदर एहसास दिलाता है,
यह साथ कहीं छूट न जाये,
इसी का डर सताता है।
जिन्दगी में कुछ मुश्किल लम्हों में
पहला नाम जबां पर दोस्तों का आता है,
इन दोस्तों के बिना क्या होती दोस्ती,
यह पलता प्रश्न दिनाग में आता है,
तीन अक्षरों का शब्द दोस्ती
कितना सुहाना लगता है।
आज माता-पिता की नहीं बल्कि
दोस्तों की डॉट सुनने का मन करता है।
माता-पिता की डॉट से ज्यादा अरार
दोस्तों की डॉट का पड़ता है।
तीन अक्षरों का शब्द दोस्ती
कितना सुहाना लगता है
दोस्तों के बिना जीना
तो मरना सा लगता है।

— मानसी भाटिया
IX-A



जीवन में खेलकूद का महत्व

जीवन में सफलता पाने के लिये मानव को
शारीरिक, मानसिक तथा आत्मिक विकास की
आवश्यकता पड़ती है। व्यक्ति का सर्वांगीण विकास
तभी संभव है, जब मनुष्य शारीरिक दृष्टि से पूर्ण परिपक्व तथा आत्मिक
दृष्टि से सशक्त तथा प्रखर हो।

मनुष्य के सर्वांगीण विकास का नाम ही शिक्षा है। वैसे तो
मानव जीवन की सफलता के लिए शारीरिक मानसिक तथा आत्मिक
शक्तियों में से कोई भी शक्ति कम महत्वपूर्ण नहीं है, परन्तु फिर भी
शारीरिक शक्ति की आवश्यकता इनमें सर्वाधिक महत्वपूर्ण है।
कालिदास ने ठीक ही कहा है — “शरीर मादंय खलु धर्म साधनम्।”
ग्रीक दर्शनिक प्लेटो ने भी कहा है — “स्वस्थ शरीर वाला व्यक्ति ही भी
प्रकार अपने मस्तिष्क का विकास कर सकता है।” इससे स्पष्ट है कि
मानव जीवन में अच्छे स्वास्थ्य एवं बलिष्ठ शरीर का महत्व असांदिग्ध है।

अच्छे स्वास्थ्य प्राप्ति के लिए ही शिक्षा में विभिन्न खेलकूदों
को स्थान दिया गया है। विभिन्न प्रकार के व्यायाम, योगासन, खेलकूद,
जिमनास्टिक, जूडो—कराटे आदि का उद्देश्य शारीरिक दृष्टि तथा
मनोरंजन दोनों है। खेलकूदों से शरीर दृष्टि, फुर्तीला, स्वस्थ तथा
नीरोग रहता है। विश्व के अधिकांश देशों में शिक्षा में खेलकूद के महत्व
को स्वीकार किया है तथा खेलकूद को शिक्षा का आवश्यक अंग माना
है।

विद्यार्थियों को भी खेलकूदों में रुचि लेनी चाहिए तथा
खेलकूद के कालांश को मौजमस्ती का कालांश समझकर नहीं रेंवा देना
चाहिए। उन्हें नहीं भूलना चाहिए कि विद्यार्थी ही भावी जीवन की
आधारशिला है। इसी काल में शरीर भी पुष्ट होता है, जो विद्यार्थी
खेलकूद में रुचि नहीं लेता, वह जीवनमर रोगी तथा दुर्बल बना रहता
है।

— दिव्या शर्मा XII - Com.

Global Warming

Greenhouse gases which our atmosphere passes,
learned people we all, still don't try,
over and around the world, no one knows among the
masses,
ball of heart is the earth becoming, will make us cry.

All of us learn about global warming,
life will be a sin, no more charming,
warned we already are, this situation is alarming,
as we're progressing, we will be staring.

Radiation, extra co., methane, ethane and natural gas,
Has made our environment completely crash,
I'm already serious to prevent earth from being trash,
nobody else wants to help in this deep mishmash ?
gone are the days of sitting and watching

let's be united and fight this
global warming.

Kriti Srivastava IX - A



Dream

I saw last night
I really got a ray of light
from the dream I saw last night
I was at the place where I always wanted to be
My parents seemed to be proud of me
I got a loving hug from them
and also saw the tears of happiness and then.
My dad was encouraging me to face the life
and I was listening like a baby
We were sitting together & enjoying the time.
Then I went to my room & sat for a while.
I thought of the time when I was rude
I regretted the mistakes I usually do
A tear flowed from my eye
my mother saw this and gave me a smile.
She consoled me like a friend
and I gave her a huge hug and then.

Then Suddenly the alarm rang
I was again in the real world
But I really got a ray of light
from the dream I had seen last night.

By - Radha Sharma XI com.

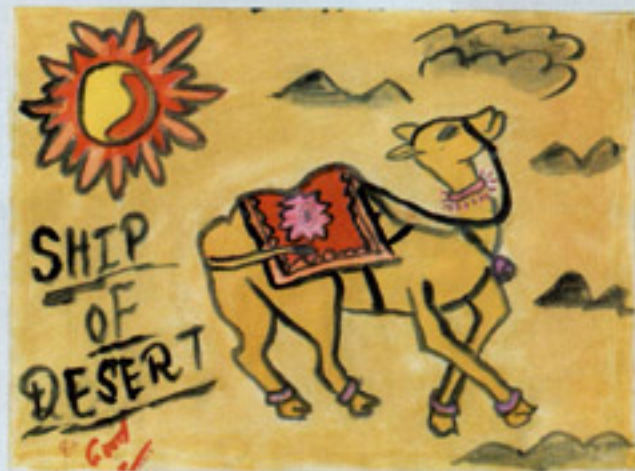
उम्मीद (स्वरचित)

दिल में आशा जगी है,
मंजिल पाने की चाह उठी है।
सपनों की नीका है,
उम्मीदों की लहर है।
हर तरफ घना अँधेरा है,
फिर भी सूरज का पहर है।
राह आसान नहीं है
पर उम्मीद की लौ भी कमजोर नहीं है।
राह में हर तरफ कौंटे हैं,
फिर भी फूल दूँदने की चाह है।
हर वक्त कामयाबी मिलती नहीं,
फिर भी सपने देखने की आदत है।
प्रभम प्रयास में जीत लेना जरूरी नहीं,
फिर भी जिंदगी से लड़ने की चाह है।

— मेघा चौहान



Shaivi Mishra IV-A



Payal Nigam VIII-A



Disha Gupta
U.K.G. - A



Anshima Yadav VII-C



Purvika Bajaj
V-A

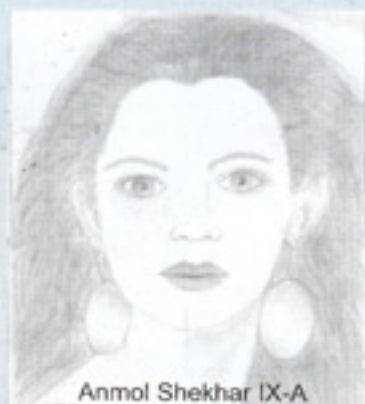


Divya Badlani
VII-C



Shristi Pal U.K.G. - B





Anmol Shekhar IX-A



Sansriti Shukla IX A



Ritika Saxena XA

Outgoing Students 2009-2010



XII - Com.
2009 - 2010



XII - Sci.
2009 - 2010



Obituary



We lost one of our young aspirant
Tanu Verma of XI-Com. on 12th Sep. 2009
We will miss her smiling face.
May her soul rest in peace.

